



# unplug

and meet with Jesus, in His Word

**Ready:** yourself to meet with God! Turn your phone off and leave it another room. Situate yourself comfortably in a quiet, solitary place. Calm your body and quiet your mind before God as you work to prepare your heart to receive what God speaks, and to respond accordingly. Finally, ask God the Holy Spirit to open your heart, to guard you from distraction & to guide you as you read.

**Read:** the passage slowly & carefully. Take your time. As you move through the text, pay close attention to what words and ideas draw your attention in unique ways. When your focus is drawn to a particular word or thought, pause momentarily to reflect on it with specificity.

**Reflect:** on what you have read! Upon completing the passage, return to the beginning and read or scan through it again. On your second journey through the text, allow the text to connect with you personally. Which words or phrases assume a particular resonance with your heart, your season of life, your person in this moment. Ask yourself, “what does this mean for my life today?”

**Respond:** by talking to God about what He has said to you.

**Rest:** Pause to sit in God’s presence before fleeing from the moment. Express wonder, awe, gratitude, or praise through words, or simply feel and experience these things quietly before God.

## MARCH

<input type="checkbox"/>	1st	Genesis 1-2
<input type="checkbox"/>	2nd	John 1:1-3
		Psalm 8 & 104
<input type="checkbox"/>	3rd	Genesis 3-5
	4th	SUNDAY TEXT
<input type="checkbox"/>	5th	6-7
<input type="checkbox"/>	6th	8-9 & Psalm 12
<input type="checkbox"/>	7th	Genesis 10-11
<input type="checkbox"/>	8th	12-13
<input type="checkbox"/>	9th	14-15
<input type="checkbox"/>	10th	16-17
	11th	SUNDAY TEXT
<input type="checkbox"/>	12th	18-19
<input type="checkbox"/>	13th	20-21
<input type="checkbox"/>	14th	22-23
<input type="checkbox"/>	15th	24-25
<input type="checkbox"/>	16th	26-27
<input type="checkbox"/>	17th	28-29
	18th	SUNDAY TEXT
<input type="checkbox"/>	19th	30-31
<input type="checkbox"/>	20th	32-33

<input type="checkbox"/>	21st	Genesis 34-35
<input type="checkbox"/>	22nd	36-37
<input type="checkbox"/>	23rd	38-39
<input type="checkbox"/>	24th	40-41
	25th	SUNDAY TEXT
<input type="checkbox"/>	26th	42-43
<input type="checkbox"/>	27th	44-45
<input type="checkbox"/>	28th	46-47
<input type="checkbox"/>	29th	48-50
<input type="checkbox"/>	30th	Job 1-3
<input type="checkbox"/>	31st	4-5

<input type="checkbox"/>	9th	Job 20-21
<input type="checkbox"/>	10th	22-23
<input type="checkbox"/>	11th	24-25
<input type="checkbox"/>	12th	26-27
<input type="checkbox"/>	13th	28-29
<input type="checkbox"/>	14th	30-31
	15th	SUNDAY TEXT
<input type="checkbox"/>	16th	32-33
<input type="checkbox"/>	17th	34-36
<input type="checkbox"/>	18th	37-38
<input type="checkbox"/>	19th	39-40:5 & Ps 19
<input type="checkbox"/>	20th	40:6-42 & Ps 29
<input type="checkbox"/>	21st	Exodus 1-2

## APRIL

	1st	SUNDAY TEXT
<input type="checkbox"/>	1st	6-7
<input type="checkbox"/>	2nd	8-9
<input type="checkbox"/>	3rd	10-11
<input type="checkbox"/>	4th	12-13
<input type="checkbox"/>	5th	14-15
<input type="checkbox"/>	6th	16-17
	7th	SUNDAY TEXT
<input type="checkbox"/>	8th	18-19

	22nd	SUNDAY TEXT
<input type="checkbox"/>	23rd	3-4
<input type="checkbox"/>	24th	5-6
<input type="checkbox"/>	25th	7-8
<input type="checkbox"/>	26th	9-10
<input type="checkbox"/>	27th	11-12
<input type="checkbox"/>	28th	13-14
	29th	SUNDAY TEXT
<input type="checkbox"/>	30th	15-16