

unplug and meet with Jesus, in His Word

Ready: yourself to meet with God! Turn your phone off and leave it another room. Situate yourself comfortably in a quiet, solitary place. Calm your body and quiet your mind before God as you work to prepare your heart to receive what God speaks, and to respond accordingly. Finally, ask God the Holy Spirit to open your heart, to guard you from distraction & to guide you as you read.

Read: the passage slowly & carefully. Take your time. As you move through the text, pay close attention to what words and ideas draw your attention in unique ways. When your focus is drawn to a particular word or thought, pause momentarily to reflect on it with specificity.

Reflect: on what you have read! Upon completing the passage, return to the beginning and read or scan through it again. On your second journey through the text, allow the text to connect with you personally. Which words or phrases assume a particular resonance with your heart, your season of life, your person in this moment. Ask yourself, "what does this mean for my life today?"

Respond: by talking to God about what He has said to you.

Rest: Pause to sit in God's presence before fleeing from the moment. Express wonder, awe, gratitude, or praise through words, or simply feel and experience these things quietly before God.

JULY

<input type="checkbox"/> 1st	SUNDAY TEXT	<input type="checkbox"/> 17th	Deut 21-22 Proverbs 6:30-31
<input type="checkbox"/> 2nd	Numbers 31-32; Proverbs 5:8-12	<input type="checkbox"/> 18th	Deut 23-24 Proverbs 6:32-35
<input type="checkbox"/> 3rd	Numbers 33-34; Proverbs 5:13-14	<input type="checkbox"/> 19th	Deut 25-26 Proverbs 7:1-3
<input type="checkbox"/> 4th	Numbers 35-36 Proverbs 5:15-17	<input type="checkbox"/> 20th	Deut 27-28 Proverbs 7:4-5
<input type="checkbox"/> 5th	Deuteronomy 1-2 Proverbs 5:18-20	<input type="checkbox"/> 21st	Deut 29-30 Proverbs 7:6-9
<input type="checkbox"/> 6th	Deuteronomy 3-4 Proverbs 5:21-23	<input type="checkbox"/> 22nd	SUNDAY TEXT
<input type="checkbox"/> 7th	Deuteronomy 5-6 Proverbs 6:1-5	<input type="checkbox"/> 23rd	Deut 31-32 Proverbs 7:10-12
<input type="checkbox"/> 8th	SUNDAY TEXT	<input type="checkbox"/> 24th	Deut 33-34 Proverbs 7:13-17
<input type="checkbox"/> 9th	Deuteronomy 7-8 Proverbs 6:6-11	<input type="checkbox"/> 25th	Joshua 1-2 Psalm 105
<input type="checkbox"/> 10th	Deut 9-10 Proverbs 6:12-15	<input type="checkbox"/> 26th	Joshua 3-4 Proverbs 7:18-20
<input type="checkbox"/> 11th	Deut 11-12 Proverbs 6:16-19	<input type="checkbox"/> 27th	Joshua 5-6 Proverbs 7:21-23
<input type="checkbox"/> 12th	Deut 13-14 Proverbs 6:20-22	<input type="checkbox"/> 28th	Joshua 7-8 Proverbs 7:24-27
<input type="checkbox"/> 13th	Deut 15-16 Proverbs 6:23-24	<input type="checkbox"/> 29th	SUNDAY TEXT
<input type="checkbox"/> 14th	Deut 17-18 Proverbs 6:25-26	<input type="checkbox"/> 30th	Joshua 9-10 Proverbs 8:1-7
<input type="checkbox"/> 15th	SUNDAY TEXT	<input type="checkbox"/> 31st	Joshua 11-12 Proverbs 8:8-11
<input type="checkbox"/> 16th	Deut 19-20 Proverbs 6:27-29		

AUGUST

<input type="checkbox"/> 1st	Joshua 13-14 Proverbs 8:12	<input type="checkbox"/> 17th	Judges 17-18 Proverbs 9:9
<input type="checkbox"/> 2nd	Joshua 15-16 Proverbs 8:13	<input type="checkbox"/> 18th	Judges 19-20 Proverbs 9:10
<input type="checkbox"/> 3rd	Joshua 17-18 Proverbs 8:14-16	<input type="checkbox"/> 19th	SUNDAY TEXT
<input type="checkbox"/> 4th	Joshua 19-20 Proverbs 8:17-18	<input type="checkbox"/> 20th	Judges 21 Proverbs 9:11-12
<input type="checkbox"/> 5th	SUNDAY TEXT	<input type="checkbox"/> 21st	Ruth 1-2 Proverbs 9:13-18
<input type="checkbox"/> 6th	Joshua 21-22 Proverbs 8:19-21	<input type="checkbox"/> 22nd	Ruth 3-4 Proverbs 10:1
<input type="checkbox"/> 7th	Joshua 23-24 Proverbs 8:22-24	<input type="checkbox"/> 23rd	1 Samuel 1-2 Proverbs 10:2
<input type="checkbox"/> 8th	Judges 1-2 Proverbs 8:25-26	<input type="checkbox"/> 24th	1 Samuel 3-4 Proverbs 10:3
<input type="checkbox"/> 9th	Judges 3-4 Proverbs 8:27-29	<input type="checkbox"/> 25th	1 Samuel 5-6 Proverbs 10:4
<input type="checkbox"/> 10th	Judges 5-6 Proverbs 8:30-31	<input type="checkbox"/> 26th	SUNDAY TEXT
<input type="checkbox"/> 11th	Judges 7-8 Proverbs 8:32-33	<input type="checkbox"/> 27th	1 Samuel 7-8 Proverbs 10:5
<input type="checkbox"/> 12th	SUNDAY TEXT	<input type="checkbox"/> 28th	1 Samuel 9-10 Proverbs 10:6
<input type="checkbox"/> 13th	Judges 9-10 Proverbs 8:34-36	<input type="checkbox"/> 29th	1 Samuel 11-12 Proverbs 10:7
<input type="checkbox"/> 14th	Judges 11-12 Proverbs 9:1-6	<input type="checkbox"/> 30th	1 Samuel 13-14 Proverbs 10:8
<input type="checkbox"/> 15th	Judges 13-14 Proverbs 9:7	<input type="checkbox"/> 31st	1 Samuel 15-16 Proverbs 10:9
<input type="checkbox"/> 16th	Judges 15-16 Proverbs 9:8		